

**HELPING UP MISSION
SPIRITUAL RECOVERY PROGRAM
CHARACTER QUALITIES**

1. **Humility** – recognizing that God and others are actually responsible for the accomplishments in my life
2. **Contentment** – realizing that God has already provided everything necessary for my present well being
3. **Patience** – accepting a difficult situation from God without giving Him a deadline to remove
4. **Forgiveness** – healing others by using their offenses as a means of expressing to them God’s love
5. **Love** – giving to the basic needs of others without expecting anything in return
6. **Security** – structuring my life around what is eternal and can not be destroyed or taken away
7. **Decisiveness** – ability to finalize difficult decisions based on the will and ways of God
8. **Responsibility** – knowing and doing what God and others are expecting from me
9. **Generosity** – realizing that all I have belongs to God and using it for His purposes
10. **Faith** – visualizing what God intends to do in a given situation and acting in harmony with it
11. **Tolerance** – acceptance of others as unique expressions of specific character qualities in varying degrees of maturity
12. **Reverence** – awareness of how God is working through the people and events in my life to produce His character in me
13. **Discernment** – seeing through a surface problem to root causes

14. **Wisdom** – seeing life from God’s point of view
15. **Obedience** – doing exactly what I am told, immediately, with the right heart attitude
16. **Endurance** – the supernatural inward strength to withstand stress in order to accomplish God’s best
17. **Determination** – purposing to accomplish God’s goals in God’s time regardless of the opposition
18. **Loyalty** – using adversity to confirm my commitment to those whom God has called me to serve
19. **Gratitude** – making known to God and others in what ways they have benefited my life
20. **Dependability** – fulfilling what I agreed to do, even if it means unexpected sacrifice
21. **Availability** – making my own schedule and priorities secondary to the wishes of those I am serving
22. **Flexibility** – not setting my affections on ideas or plans which may be changed by others
23. **Cautiousness** – knowing how important right timing is in accomplishing right actions
24. **Sincerity** – eagerness to do what is right with transparent motives
25. **Initiative** – recognizing and doing what needs to be done before I am asked to do it
26. **Orderliness** – preparing myself and my surroundings so that I will achieve the greatest efficiency

(Adapted from *Institute in Basic Life Principles*)