



2024 Women's Hope Tote Campaign

Thank you for your interest in helping HUM provide much needed essentials to over 80 women (and infants) in various stages of Life-Transformation.

These are the most critical needs at this moment:

Backpacks

Large Towels

Journals & Planners

Shampoo & Conditioner

Body Lotion

Hair Brushes

Body Wash

PJs

Underwear

Leggings S,M, L, XL, XXXL, XXXXL



Pregnant Women & New Moms

Nursing Bras (all sizes)

Diapers size 1 & 3

Baby Lotion

Baby Wipes

Ways to donate:

- Drop off at Helping Up Mission - 1029 East Baltimore Street, Baltimore, Md. 21202, 7 am to 7 pm, 7 days a week
- Order directly from our Amazon Wish List at:
[Helpingupmission.org/amazonwishlist](https://www.amazon.com/helpingupmission)